

NUT FREE POLICY

We are a nut free Nursery. This means no food products containing nuts are brought into the building.

We hope this will reduce the risk of any child or adult with a nut allergy coming into contact with a food product which could potentially be very harmful to them.

We realise that many foods are labelled as having '**traces of nut**' or '**cannot guarantee nut free**' etc which are very difficult to avoid. We will speak to parents of any children who join the setting who have a nut allergy to establish the severity of the allergy and put in place a risk assessment.

In order to reduce the risk of an allergic reaction for child in our care:

The Nursery Will:

- Make sure cooking ingredients and snack we provide do not include nuts.
- Inform all new parents of the policy.
- Staff will not bring food containing nuts into the nursery.

We ask parents:

- When preparing packed lunches to not include any food containing nuts (e.g. cereal bars, peanut butter), if they do, these are not offered to the child, but left in their lunch boxes and parents/carers are telephoned to remind them of our policy
- If bringing a cake/biscuits/cookies into the nursery to celebrate your child's birthday please ensure the list of ingredients do not include nuts – a senior member of staff will check the ingredients before it is offered to any child.